



# FLYNN FLYER

JOHN J. FLYNN ELEMENTARY 864-8478 WWW.BSDVT.ORG

## Conference Scheduling Info

Scheduling for our November Parent Teacher Conferences has begun. Please use the following link to begin the scheduling process:

<https://www.ptcfast.com/schools/John J Flynn Elementary School>

Frequently asked questions can be found here: <http://tinyurl.com/flynnptcsupport>

If needed, please call the school office, 864-8478 for assistance.



Food Drive

November 5-16

School Play

November 9

7pm

November 10

4 pm

Report Cards

Friday

November 16

Conferences

November 19 & 20

No School

November 19-23

PTO Meeting

December 6

6:30

## Principal's Letter

Dear Flynn Families:

We held a lockdown drill this past Monday and the students did an amazing job! Three officers from the Burlington Police department were here to help with the drill and to chat with classes. We are very lucky to have dedicated police to support our kids. In December we'll hold a fire drill, and our next lockdown drill is planned for January. If you want more information about Flynn's emergency protocols please reach out to me or visit <http://iloveguys.org/>.

Remember that this evening and tomorrow afternoon the students are performing *Magic Tree House: Pirates Past Noon, Kids*. An adaptation of the fourth of Mary Pope Osborne's award-winning fantasy adventure books from the Magic Tree House book series. I am so excited to see the kids on stage, and hope you'll be able to join.

Parent-teacher conferences are coming up. Please sign up to meet with the classroom teacher and learn about some great things your child is doing. And remember, you don't have to wait for conferences to reach out to the teacher. We have amazing staff at Flynn working with the children!

This weekend is Veteran's Day. On behalf of Flynn students and staff I wanted to thank all the parents, community members and staff who serve our country and help keep us safe.

Thanksgiving Recess is Monday, November 19, through Friday, November 23. Flynn is collecting non-perishable food items to support families this holiday season. Please drop off donations to Ms. Priebe or send items in with your child. I wish everyone a safe and enjoyable break.

Have a great weekend!

Sincerely,

Donald S. Van Nostrand

Flynn Annual

## Food Drive



All food collected will go to Flynn Families in need.

## November 6th-November 16th

Bring in your non-perishable food items or gift cards to the office.

We are also looking for the following fresh food items for families to cook a Thanksgiving Dinner. These items must be dropped off on Monday, November 19th.

Rolls, Pies, Squash, Carrots, Potatoes, Butter, Milk, Eggs, Turkeys.

### Outerwear Swap

We have a selection of gently worn outerwear available in our lobby for those in need of winter coats, gloves, snow pants. If you are in need of a particular size or article of clothing please let us know.

We are taking donations of outerwear your family has outgrown. Bring donations to the front office!



## Cooking Cart News

Our kitchen cart visited many classrooms in October. This month's recipe was Kale Pesto.

### **Kale Pesto**

**Yield:** 1 1/2 cups, ~50 1 tsp. taste test servings

#### **Ingredients:**

1 bunch of kale  
 3/4 cup olive oil  
 1 Tbsp. fresh-squeezed lemon juice  
 1 cup salt and pepper, to taste

#### **Directions:**

1. Blanch de-stemmed kale for 30 seconds and drain.
2. Purée garlic and kale in a food processor, gradually adding oil, parmesan, lemon juice, salt and pepper.

Note: For taste tests, use crackers or bread!

Source: *Bon Appétit*



Thank you to King Arthur Flour for their generous donation of flour, dough whisks, loaf pans and buckets.



## Guidance News

Guidance has begun in Grades 3-5 and I am enjoying getting to know more of the students in these grades! We are starting this rotation with learning about bullying and harassment . We will be learning to recognize conflicts, bullying, harassment and what to do if it is happening.

Also, I wanted to let families know about some resources for the upcoming holidays. If you need further information or assistance accessing these resources for the holidays, please don't hesitate to contact me Amanda Schauwecker (aschauwe@bsdvt.org) or 864-8478 ext 1004

**Chittenden Emergency Food Shelf**  
228 North Winooski Ave.  
Burlington, VT 05401  
802-658-7939

**Salvation Army-Christmas Assistance**  
802-864-6991

Sign ups will be held on Monday & Tuesday from Oct. 22nd through Nov. 15th from 9am to 12pm.

### **Sweetwaters Restaurant-**

Thanksgiving Meal and Coat Drive Begins serving a free Thanksgiving meal at 10 AM and will have a coat drive happening at the same time.

## Restorative Practice

Flynn teachers and students have been exploring Restorative practices this school year as well as last school year, using a circle format to build connections and community in the classroom environment. "Circle Forward: Building A restorative School Community" is a resource we have been using that has scripts for guiding circles that parents could explore at home. Some affective and restorative questions to ask if you have siblings in the home that may have a disagreement or altercation would be:

"Can you tell me about what's going on?"

"What did this make you feel and think at the time?"

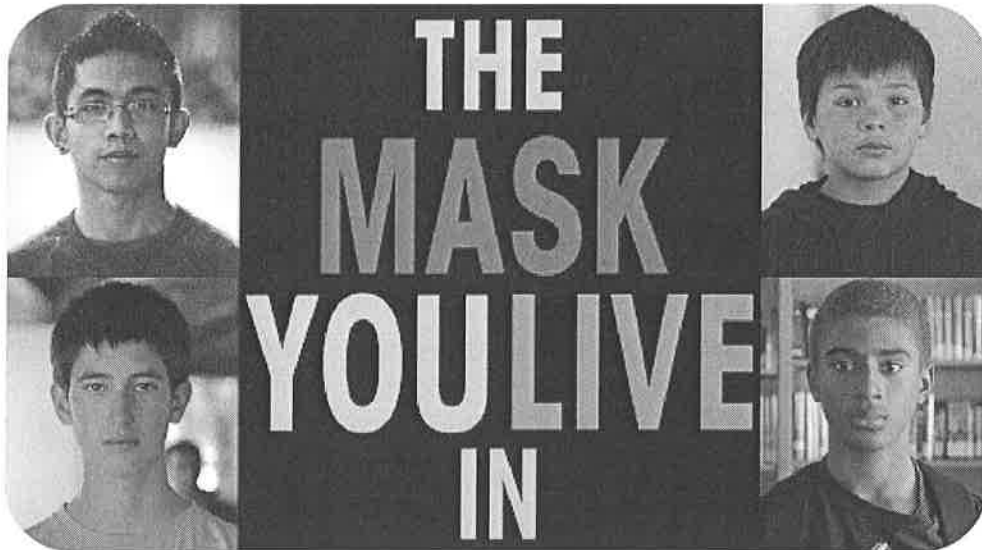
"What have you thought about since?"

"Who else was impacted by the incident? How?"

"What needs to happen to make things better right now?"

"What should be done differently in the future?"

**AN AMAZING DOCUMENTARY~ FREE**



FILM SYNOPSIS ~

Explores how our culture's narrow definition of masculinity is harming our boys, men and society at large and unveils what we can do about it. Please note, there is some adult content.

**WHAT:** The movie *"THE MASK YOU LIVE IN"*

**WHERE:** Hunt Middle School Auditorium

**WHEN:** Tuesday, November 13, 6-8PM

(THERE WILL BE A DISCUSSION AFTERWARDS)

**WHY:** To learn a lot more about boys and the challenges they face and ways to help them

**WHO:** Coaches, teachers, and others that work with boys, anyone that has a son or knows any boys

**FREE CHILDCARE AND SNACKS**

**LOTS OF FREE PARKING**

Any questions please contact TAMMY KUYPERS at [Kuypers5@yahoo.com](mailto:Kuypers5@yahoo.com)

**BURLINGTON SCHOOL FOOD PROJECT****Elementary & Middle School Lunch Menu - November 2018**

**Available at:** C.P. Smith, J.J. Flynn, Champlain, The Sustainability Academy,

Integrated Arts Academy, Edmunds, Hunt, Baird, and King Street Youth Center

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
11/05/2018 Crispy Chicken Sandwich Sweet Potato Fries Daily Salad Bar	11/06/2018 Spaghetti & Meatballs* Dinner Roll Cucumber Wheels Daily Salad Bar	11/07/2018 Pizza Day Caesar Salad Daily Salad Bar	11/08/2018 VT Beef Taco Tub Shredded Cheddar Onions & Peppers Seasoned Beans Daily Salad Bar	11/09/2018 Shepherd's Pie w/ VT Beef Sweet Peas Dinner Roll Daily Salad Bar
11/12/2018 Vermont Beef Hamburger with bun Oven Fries Daily Salad Bar	11/13/2018 Teriyaki Chicken Strips Vegetable Lo Mein Vegetable Egg Roll Daily Salad Bar	11/14/2018 Pizza Day Caesar Salad Daily Salad Bar	11/15/2018 Roast Turkey & Gravy Mashed Potatoes Dinner Roll Cranberry Sauce Seasonal Vegetables	11/16/2018 Baked Ziti Mediterranean Vegetables Dinner Roll Daily Salad Bar
11/19/2018 NO SCHOOL TODAY	11/20/2018 NO SCHOOL TODAY	11/21/2018 NO SCHOOL TODAY	11/22/2018 NO SCHOOL TODAY	11/23/2018 NO SCHOOL TODAY
11/26/2018 Chicken Nuggets Dinner Roll Sweet Potato Fries Daily Salad Bar	11/27/2018 Mac & Cheese Mixed Veggies Dinner Roll Daily Salad Bar	11/28/2018 Pizza Day Caesar Salad Daily Salad Bar	11/29/2018 Chicken or Bean Fajitas Seasoned Beans Daily Salad Bar Pizza Day Caesar Salad	11/30/2018 Crispy Fish Sticks! Dinner Roll! Roasted Roots Daily Salad Bar

**Menu items are subject to change without notice.**

**Offered Daily: Fat-Free Flavored, Fat-Free Unflavored, and 1% Unflavored Milk, Daily Salad Bar, & Asst. Fruits!**

**For more information, please contact us at (802) 864-8415 or [schoolfood@bsdvt.org](mailto:schoolfood@bsdvt.org).**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

**BURLINGTON SCHOOL FOOD PROJECT**

## Preschool Lunch Menu

November 2018

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
11/05/2018 Crispy Chicken Sandwich Sweet Potato Fries Daily Salad Bar	11/06/2018 Spaghetti & Meatballs* Dinner Roll Cucumber Wheels Daily Salad Bar	11/07/2018 Pizza Day Caesar Salad Daily Salad Bar	11/08/2018 VT Beef Taco Tub Shredded Cheddar Onions & Peppers Seasoned Beans Daily Salad Bar	11/09/2018 Shepherd's Pie w/ VT Beef Sweet Peas Dinner Roll Daily Salad Bar
11/12/2018 Vermont Beef Hamburger with bun Oven Fries Daily Salad Bar	11/13/2018 Teriyaki Chicken Strips Vegetable Lo Mein Vegetable Egg Roll Daily Salad Bar	11/14/2018 Pizza Day Caesar Salad Daily Salad Bar	11/15/2018 Roast Turkey & Gravy Mashed Potatoes Dinner Roll Cranberry Sauce Seasonal Vegetables	11/16/2018 Baked Ziti Mediterranean Vegetables Dinner Roll Daily Salad Bar
11/19/2018 NO SCHOOL TODAY	11/20/2018 NO SCHOOL TODAY	11/21/2018 NO SCHOOL TODAY	11/22/2018 NO SCHOOL TODAY	11/23/2018 NO SCHOOL TODAY
11/26/2018 Chicken Nuggets Dinner Roll Sweet Potato Fries Daily Salad Bar	11/27/2018 Mac & Cheese Mixed Veggies Dinner Roll Daily Salad Bar	11/28/2018 Pizza Day Caesar Salad Daily Salad Bar	11/29/2018 Chicken or Bean Fajitas Seasoned Beans Daily Salad Bar Pizza Day Caesar Salad	11/30/2018 Crispy Fish Sticks! Dinner Roll Roasted Roots Daily Salad Bar

**Menu items are subject to change without notice.**

**Offered Daily: Fat-Free Unflavored, and 1% Unflavored Milk, Assorted Fruits and Vegetables**

**All Grain Items Served are Whole Grain Rich. Cereals Offered are Reduced in Sugar Content.**

**For more information, please contact us at (802) 864-8415 or [schoolfood@bsdvt.org](mailto:schoolfood@bsdvt.org).**

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# STANDARD™ RESPONSE PROTOCOL EXTENDED

## STUDENT SAFETY

A critical ingredient in the safe school recipe is the classroom response to an incident at school. Weather events, fire, accidents, intruders and other threats to student safety are scenarios that are planned and trained for by students, teachers, staff and administration.

## SRP

Our school is expanding the safety program to include the Standard Response Protocol - Extended (SRPx). The SRPx is based on these five actions. Lockout, Lockdown, Evacuate, Shelter and Hold. In the event of an emergency, the action and appropriate direction will be called on the PA.

**LOCKOUT** - "Get Inside. Lock Outside Doors"

**LOCKDOWN** - "Locks, Lights, Out of Sight"

**EVACUATE** - "To the Announced Location"

**SHELTER** - "For a Hazard Using a Safety Strategy"

## TRAINING

Please take a moment to review these actions. Students and staff will be trained and the school will drill these actions over the course of the school year.

More information can be found at <http://iloveguys.org>

## LOCKOUT

### GET INSIDE. LOCK OUTSIDE DOORS

Lockout is called when there is a threat or hazard outside of the school building.



#### STUDENTS:

- Return to inside of building
- Do business as usual

#### TEACHERS

- Recover students and staff from outside building
- Increased situational awareness
- Do business as usual
- Take roll, account for students

## LOCKDOWN LOCKS, LIGHTS, OUT OF SIGHT

Lockdown is called when there is a threat or hazard inside the school building.



#### STUDENTS:

- Move away from sight
- Maintain silence

#### TEACHERS:

- Lock classroom door
- Lights out
- Move away from sight
- Maintain silence
- Wait for First Responders to open door
- Take roll, account for students

## EVACUATE TO A LOCATION

Evacuate is called to move students and staff from one location to another.



#### STUDENTS:

- Bring your phone
- Leave your stuff behind
- Form a single file line
- Show your hands
- Be prepared for alternatives during response.

#### TEACHERS:

- Grab roll sheet if possible
- Lead students to Evacuation Location
- Take roll, account for students

## SHELTER FOR A HAZARD USING SAFETY STRATEGY

Shelter is called when the need for personal protection is necessary.



#### SAMPLE HAZARDS:

- Tornado
- Hazmat

#### SAMPLE SAFETY STRATEGIES:

- Evacuate to shelter area
- Seal the room

#### STUDENTS:

- Appropriate hazards and safety strategies

#### TEACHERS:

- Appropriate hazards and safety strategies
- Take roll, account for students

## HOLD IN YOUR CLASSROOM

Hold is called when the hallways need to be kept clear, even during class changes.



#### STUDENTS:

- Remain in your classroom
- Do business as usual.

#### TEACHERS:

- Recover students and staff from hallways
- Close and lock classroom door
- Take roll, account for students